

NOVEMBER 10, 2020 CITY MANAGER COVID-19 UPDATE

Please note that statement delivered during Council Meeting may vary due to frequent changes in COVID-19 information and restrictions.

Los Angeles County – along with much of the rest of the nation – is experiencing a surge in COVID-19 transmission. The [Los Angeles County Department of Public Health reported](#) that the number of new reported cases has risen from 750 cases per day to almost 1,400 cases per day from mid-September to late-October.

Over the weekend, Public Health reported a total of 4,656 cases for Saturday and Sunday. As the Department said: These are “real and alarming increases” in COVID-19 diagnoses. We have entered the holiday season – with Thanksgiving just a little over 2 weeks away – and we want to remind everyone to continue to be diligent to prevent the spread of this deadly virus to your family and your loved ones.

Please avoid crowds and close contact with others not in your household because COVID-19 easily spreads among people who are in contact with an infected person. Consider virtual gatherings instead of in-person ones to protect your family.

If you do choose to celebrate with others, please observe the [Department of Public Health's guidance](#) for small gatherings which states that we should gather with only 2 other households for no more than 2 hours in an outdoor setting. All participants should wear face coverings and keep 6 feet of physical distance from people who are not members of their household. These are necessary measures to protect the health of all in attendance and anyone with whom they may come in contact in the days after the celebration.

We cannot let down our guard now because we all want to see our schools and our economy fully reopened.

In recent weeks, though, we have seen many public celebrations and protests, where people were close to each other, cheering and shouting – sometimes without face coverings. The [Department of Public Health said](#) these are places where it is very easy for COVID-19 to spread.

Therefore, the Department has reminded participants in the gatherings, to take very seriously that they may have been exposed to COVID-19.

The Department of Public Health has asked participants in these events to please quarantine for 14 days and to stay away from anyone who is at increased risk for serious

illness from the virus. This includes older family members and friends with underlying health conditions such as diabetes, cardiovascular disease and cancer.

Public Health also is encouraging people who participated in such gatherings to get tested for COVID-19. There continues to be plenty of testing capacity across our county, and anyone can make an appointment to be tested by visiting [L.A. County Department of Public Health's testing website](#).

It is very important that if you are even mildly sick or think you were exposed to someone with COVID-19 that you stay home and away from other people, especially those at greater risk of becoming seriously ill from COVID-19 and consider being tested for COVID-19. This is essential to prevent you from unintentionally spreading COVID-19 to other people.

This is also flu season, and we want to remind everyone that the flu is more than a bad cold. Flu can be mild to severe, and at times can lead to life-threatening illness, hospitalization or death. This year, flu and COVID-19 will be circulating in communities throughout L.A. County, and both can cause serious illness. The best way to protect yourself and your family from the flu, is to get a flu immunization.

It is especially important this year because a major flu outbreak during the pandemic would put an enormous strain on our medical system.

The City of Hermosa Beach has been working with our neighboring jurisdictions and Beach Cities Health District along with Los Angeles County Department of Public Health to bring free flu immunizations to the Beach Communities.

The City of Hermosa Beach will be hosting a free flu immunization clinic on Thursday, November 19, from 8 a.m. to noon at the Community Center gym located at 710 Pier Avenue.

In addition to the Hermosa Beach flu immunization clinic, there are other flu immunization opportunities at the Redondo Beach Farmers Market on November 12 and December 3 and in Manhattan Beach on November 18.

If you haven't already received your flu immunization, we encourage you to take advantage of the many flu immunization clinics in the area to get a free flu immunization this year. You can find additional information on the City's [website](#).