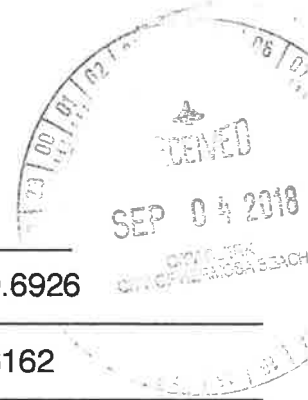


**CITY OF HERMOSA BEACH
BOARD/COMMISSION APPLICATION**



NAME OF COMMISSION Public Works Commission

Name Kathy Dunbabin Home Phone 310.379.6926

Address 2432 Myrtle Avenue Cell Phone 310.871.6162

Email kathydunbabin@gmail.com Bus. Phone _____

Occupation/Profession: Self employed/Real Estate/Investments

Employer Name & Address _____

REFERENCES:

Local: Vicki Garcia 310.374.4528. Joe Mark 310.379.2503. Shauna Valenzuela 310.995.3292

Professional: Ralph Spargo 949.230.3305

Other: _____

COMMUNITY PARTICIPATION AND SERVICE (past and present): Past: HB Little League Board (Treas); HB Parks and Rec Commission (Chair); HB Schools PTO/Board President; HB Ed Found. Advisory Board. Past & Present: Pediatric Therapy Network Advisory Board; HB Chamber of Commerce Board; HB Historical Society Board; HB Women's Club member (Past Treasurer); HB Neighborhood Watch Captain; HB Friends of the Library; LA Special Olympics; Sandpipers

Why do you wish to become a Commission member? When I was on City Council, we thought there was a need for a commission of HB citizens who would listen to the residents/experts and offer suggestions and solutions to problems which involved public infrastructure as well as hear and review CIPs. Because of my history with Hermosa Beach and understanding its needs, I think I can continue to be an effective member.

What do you feel are the duties and responsibilities of a Commission member? As stated in 2.80.030 (Powers and Duties of PWC), HB City Code. These are the duties we envisioned when we created this Commission and I believe they are still important.

Do you have any current obligations or responsibilities which could be construed as a conflict of interest with your being a board/commission member? ☐ Yes ☒ No (If yes, please explain)

Please provide below and/or attach a resume of your education, employment, memberships, past activities and other experience that you feel would qualify you as a Board/Commission member.

BA Texas Tech University...History/Math/Education

Englewood, CO Math/Algebra Teacher

Business Owner-Connecting Devices Inc.

DWB-Commercial Bldg. Rentals

HB City Council/Mayor

Myrtle Avenue Undergrounding Committee

This Board/Commission meets on Odd Months/3rd Wed. at 7 p.m. Do you foresee any scheduling problems that might cause you to miss meetings? ☐ Yes ☒ No

How long have you lived in Hermosa Beach? 38 Years

Additional Comments: After serving on the HB PWC for 3 years and attending the 2018 City Council and Commissions Joint Meeting, I think a PWC Handbook and Orientation are needed for new members and I would like to work on a plan for both. They would include Brown Act, Robert's Rules, information about Hermosa Beach government etc.

Signed: Kathy Dubel

Date: August 30, 2018

(07-03-18)

**CITY OF HERMOSA BEACH
BOARD/COMMISSION APPLICATION**



NAME OF COMMISSION: Public Works

Name: Andrea N. Giancoli Home Phone: 310 344-6548

Address: 1045 14th St. Hermosa Beach CA 90254 Email: giancoli_rd@yahoo.com

Occupation/Profession: Registered Dietitian, Public Health

Name of Employer: Beachbody Bus. Phone: 310 295-5150

Address of Employer: 3301 Exposition Blvd. Santa Monica CA 90277

REFERENCES:

Local: Jeff Duclos (Mayor), Stacey Armato (Mayor Pro Tem) Hany Fangary (Councilmember), Rob Saemann (Planning Commissioner), Captain Milton McKinnon (Acting Police Chief), Jessica Guheen (Parks, Recreation and Community Resources Commission), Jani Lange (Parks, Recreation and Community Resources Commission), Laura Misel President, Leadership Hermosa Beach)

Professional: Jeanne Zalesky (Pearson Education), Sharon Palmer (Editor Environmental Nutrition), Krista Maguire (Beachbody), Barbara ramsey-Duke (Beach Cities Health District), Jennifer Baker-Assidao (Golin)

Other: Jennifer Singh, Melissa Matthey, Magaly Nelson, James Scott, Betsy Ryan, Vivian Lee

COMMUNITY PARTICIPATION AND SERVICE (past and present):

Present

- Public Works Commissioner, City of Hermosa Beach
- Access Hermosa Working Group
- Beach Cities Health District Blue Zones Livability Committee

Past

- PLAN Hermosa Resident Working Group
- Community Dialogue participant
- Academy of Nutrition and Dietetics, Media Spokesperson
- California Academy of Nutrition and Dietetics-Los Angeles District, Public Policy Chair, State Media Representative, District Representative
- Board of Directors, Leadership Hermosa Beach
- Class Facilitator, Leadership Hermosa Beach
- Alumni Committee, Leadership Hermosa Beach

Why do you wish to become a Commission member?

Continuing to be a Public Works Commission member allows me to give service to my community that I so cherish and to contribute my experience and skills. I would like to be

reappointed as a Public Works Commission member because I want to continue to contribute to the process and provide input to the future design of capital improvement projects and design guidelines. I would like our streets, traffic control measures, sewage collection and park grounds to be the best they can be to serve everyone in our community.

What do you feel are the duties and responsibilities of a Commission member?

It is the duty and responsibility of a Public Works Commission member to provide recommendations and direction to the City Council after careful review of capital projects that come before the Commission. Public Works Commission members assist in updating and developing public improvement design guidelines.

Do you have any current obligations or responsibilities, which could be construed as a conflict of interest with your being a board/commission member? ____ Yes __X__ No (If yes, please explain)

Please give a resume of your education, employment, memberships, past activities and other experience that you feel would qualify you as a Board/Commission member.

Please see attached

This Board/Commission meets on the third Wednesday of odd-numbered months at 7 p.m. Do you foresee any scheduling problems that might make you miss meetings? ____ Yes __X__ No

How long have you lived in Hermosa Beach? Ten years

Comments: Over the past four years I have had the privilege of serving my community as a Public Works Commissioner. I have learned a great deal and over these years have become a more insightful and thoughtful commissioner – important qualities to have when considering projects that affect our residents. This has sparked my continued interest and passion for city projects that will improve our streets for all users and consequently a desire to continue to be part of that process.

Signed:  _____

Date: 09-30-18

Andrea N. Giancoli, MPH, RD
Registered Dietitian
Nutrition and Healthy Active Living
310 344-6548
Giancoli_RD@yahoo.com

EDUCATION

University of California, Los Angeles (UCLA)

Master of Public Health - Community Nutrition

Bachelor of Arts - Psychology

Veterans' Affairs - Greater Los Angeles Healthcare System

Dietetic Internship Completion

California State University, Northridge (CSUN)

Post Baccalaureate - Didactic Program in Dietetics

SKILLS

Writer, Producer, Media Spokesperson

- *Print & Web* – writer, blogger, featured expert-spokesperson in national & local publications including: US News & World Report, USA Today, Food & Nutrition, Chicago Tribune, Washington Post, Los Angeles Times, Self, Shape, Fitness, Health, Quick & Simple, Oxygen, Environmental Nutrition, Healthline.com, WebMD, EatRight.org, Today's Dietitian etc.
- *Broadcast* – featured expert-spokesperson in national & local stories for: NBC The Today Show; Access Hollywood Live!, The Doctors, E! Entertainment, Top Chef, Discovery Health, KNBC, KABC, KTLA, KTTV, Adelphia, Comcast, Money 101, ABC radio, CBS radio, NPR etc.
- *Field Producer* - Coordinated & conducted coverage of on location interviews, movie premieres, events & behind-the-scenes set visits for over 200 stories, supervised field staff.
- *Segment Producer* – generated compelling story ideas for broadcast news programs, wrote scripts, determined & secured footage & talent needed, supervised production staff.
- Produced, wrote scripts & served as spokesperson in nutrition & food demo videos e.g. Get Your Plate in Shape, The Healthy Pantry, Enjoy Your Food While Eating Less, Fad Diets.
- Authored The Media the Message & You training manual for nutrition professionals for Los Angeles County Department of Public Health.

Marketing & Communications

- Strategically planned & managed consumer nutrition marketing programming highlighting health attributes of client products. Expertise provided included:
 - authoring original content (e.g. articles, social media, blogs, press materials etc.) for consumers, health professionals & media outlets.
 - developing consumer & health professional social media messaging.
 - utilizing software to analyze nutrient content of recipes & meal plans; adjust ingredients as needed for desired nutrient & taste profiles.
 - copyediting content contributions, ensure conformity to USDA regulatory guidelines & substantiate per scientific evidence.
 - managing health professional (registered dietitians) influencers outreach program.
 - nutrition health expert thought leadership.
 - nutrition & health expert point-of-views on topics & opportunities relevant to client.
 - critically evaluating scientific research as it relates to brand & product; subsequently provide engagement strategy recommendations.
 - advising & subsequently implementing consumer & professional outreach, campaigns, & on-the-ground promotional-educational events.
- Critically evaluated & provided expert analyses of popular diet plans & products e.g. paleo, vegan, flexitarian.
- Created health & nutrition education materials for industry & consumer outreach.

Andrea N. Giancoli, MPH, RD

SKILLS cont...

Marketing & Communications

- Interpreted & applied relevant federal regulatory nutrition guidelines to ensure compliance of consumer outreach materials & content.
- Translated & calculated product nutrient analyses data for various uses e.g. nutrient facts & menu labeling.

Nutrition, Health, Active Living Policy and Regulatory Affairs

- Wrote, analyzed & facilitated implementation of evidenced based nutrition/active living/food/health policies & plans in cities & school districts in collaboration with elected officials & community stakeholders. Policies include:
 - *Healthy Beverage Resolution, Obesity Prevention Motion, Physical Education Standards Motion & Federal School Meal Plan Nutrition Standards* for LA Unified School District
 - *Healthy Eating Active Living* policies & nutrition standards for foods served in public facilities & programs in LA County cities.
 - Wellness policies for Los Angeles (LA) Unified, Las Virgenes Unified, Wiseburn, Santa Monica-Malibu Unified school districts following federal guidelines.
 - Living-Complete Streets policies & Beach Cities Livability Plan designed to foster active transportation (i.e. walking, biking) in Manhattan Beach, Hermosa Beach & Redondo Beach.
 - *South Bay Master Bicycle Plan* interconnecting bicycle infrastructure in South Bay cities.
- Authored policy fact sheets & briefs (e.g. Sugary Drinks: A Big Problem for Little Kids First5LA & Taking the First Step with a Healthy Breakfast LA Collaborative for Healthy Active Children).
- Analyzed strengths & weaknesses of nutrition-health policies & programs; subsequently provided best practices recommendations.
- Interpreted & applied relevant federal nutrition guidelines to ensure compliance of consumer & professional outreach materials & content for clients.
- Developed USDA approved nutrition labeling policy guidelines for nutrients not included in Food & Drug Administration's nutrition facts labeling rounding rules for California Avocado recipes.
- Monitored local, state & federal nutrition/health/active living policies, regulations & legislative updates applying guidelines as appropriate.

Consumer Education & Community Nutrition

- Created health & nutrition education evidence-based materials employing a variety of methods including web-based content.
- Conducted nutrition counseling, consultations & seminars addressing weight management, exercise nutrition, diabetes management, high blood pressure, high cholesterol etc.
- Developed targeted meal plans for consumers on a variety of diets e.g. gluten free, vegetarian.
- Developed recipes and conducted cooking demonstrations for a variety of audiences.
- Developed & implemented nutrition education & physical activity campaigns & curricula for Network for Healthy California Los Angeles area schools.
- Generated healthier school meal menus in collaboration with pertinent stakeholders including students, parents, school food services, administrators, community organizations.
- Supervised & trained paraprofessionals to deliver community nutrition education programs to underserved populations.
- Conducted needs assessments, subsequently planned & implemented evidenced-based community outreach nutrition & physical activity programs & social marketing campaigns.
- Dietitian-health coach for behavioral change studies & programs designed to prevent or improve management of type 2 diabetes through diet & exercise.
- UCLA Extension instructor in nutrition science covering the basics of nutrition emphasizing links between nutrition practices, health, disease & exercise performance.
- Managed & implemented LA County Nutrition Education Program "Ask-the-Dietitian at Farmers' Market" promoting consumption of locally grown produce.

EXPERIENCE

Writer, Producer, Media Spokesperson and Marketing-Communications

- **Beachbody** 6/18-present
Nutrition Manager
- **Various Print & Web-Based Publications** 12/06- present
Writer, Blogger, Contributing Editor
(E.g. Chicago Tribune, Quick & Simple, Eatright.org, Kids Eat Right, Food & Nutrition, Today's Dietitian, Environmental Nutrition)
- **Pearson Education** 8/15-6/18
Copy-Editor, Project-Coordinator - Science
- **Canvas Blue – New Business, thinkThin** 2/16-10/16
Nutrition Media & Communications Consultant
- **Golin – New Business, California Avocado Commission** 11/14-10/16
Nutrition Marketing & Communications Manager
- **US News & World Report** 10/11-present
“Best Diets Rankings” Nutrition & Diet Expert Panelist
- **Academy of Nutrition & Dietetics** 6/05- 5/14
National Media Spokesperson, Video Talent
- **Healthline.com** 7/06-7/07
Lead Blogger – The Family Fork: Feeding the Kids & You
- **Nutrition in Complementary Care – American Dietetic Association** 8/06-9/07
Web Editor, Contributing Writer
- **Los Angeles County Department of Health Services** 7/01-7/04
Nutritionist, Media Spokesperson, Content Writer
- **The Marilyn Magaram Center - LA Project LEAN** 2/98-6/99
Nutrition Video Producer, Media Liaison
- **Day & Date Television/CBS** 7/96-12/96
Field Producer, Script Writer
- **EXTRA! Television - NBC** 8/94 - 7/96
Segment Producer
- **CNN Television - Los Angeles** 4/92 - 8/94
Field Producer, Script Writer
- **CNN Television - Atlanta** 2/90-3/92
Associate Producer

Nutrition, Health, Active Living Policy and Regulatory Affairs

- **South Bay Bicycle Coalition** 9/16-3/18
Executive Director
- **Canvas Blue – New Business, thinkThin** 2/16-10/16
Nutrition Regulations & Guidelines Consultant
- **Golin – New Business, California Avocado Commission** 11/14-10/16
Nutrition Regulations & Guidelines Consultant
- **Beach Cities Health District-Blue Zones Project** 11/13-2/15
Policy Analyst
- **California Center for Public Health Advocacy** 3/11-8/13
Nutrition Policy Consultant, Policy Brief Writer

EXPERIENCE cont...

Nutrition, Health, Active Living Policy and Regulatory Affairs

- **Los Angeles Unified School District – Board of Education** 4/07-6/10
Nutrition Policy Specialist, Policy Developer
- **Fit4School** 6/05 –04/07
Co-Founder, Wellness Policy Analyst & Developer
- **Los Angeles County Department of Health Services** 7/01-7/04
Nutrition Policy Coordinator

Consumer Education & Community Nutrition

- **Beachbody** 6/18-present
Nutrition Manager
- **Wellness Corporate Solutions** 8/13-present
Nutrition & Health Educator
- **N.E.W Health Consultants** 12/05-present
Nutrition & Health Educator
- **Nutrition Therapy** 2/03-present
- **Food & Nutrition Management Services** 12/08-3/14
Nutritionist, ENHANCE Type 2 Diabetes Management & Support
- **University of California Extension, Los Angeles** 10/01-12/08
Instructor, Human Nutrition
- **Kaiser Permanente - Research & Evaluation** 11/05-01/08
Health Coach – Prevention & Control of Diabetes in Families Study
- **Fit4School** 6/05 –04/07
Co-Founder
- **Bellflower Unified School District** 7/04-7/05
Nutrition Education Consultant
- **Los Angeles County Department of Health Services** 7/01-7/04
Public Health Nutritionist
- **Ask-the-Dietitian at Farmers' Market** 2/99-10/05
Lead Nutritionist

LEADERSHIP & AWARDS

- **Leadership Hermosa Beach**
Board of Directors
Program Facilitator
- **City of Hermosa Beach**
Commissioner - Public Works
General Plan Advisory Committee
Access Hermosa Working Group
- **Beach Cities Health District**
Blue Zones Project
- **Academy of Nutrition & Dietetics - California**
Emerging Dietetic Leader
Offices held: L.A. Public Policy Chair, State Media Representative, District Representative
- **Champions for Change - Network for a Healthy California**
Champion for Change