

New eComment for City Council Meeting (Closed Session - 6:00 PM and Regular Meeting - 7:00 PM)

Luc Esmerit submitted a new eComment.

Meeting: City Council Meeting (Closed Session - 6:00 PM and Regular Meeting - 7:00 PM)

Item: 5b) REPORT 18-0419 NUISANCE ABATEMENT OF PROPERTY AT 725 CYPRESS
(Community Development Director Ken Robertson)

eComment: Dear Council Members, I would like to raise my voice to support CrossFit HorsePower in regards to the upcoming hearing on 'public nuisance'. With these few lines, I would like to share what CrossFit represents for us, not only for members of CrossFit HorsePower but for more than 4 million people across the World. So many people reduce CrossFit to an elite fitness programme but in reality, Crossfit is much more than that. For its members, Crossfit HorsePower represents family, laughter, community and - very importantly - health. Some of us just enjoy Crossfit for its ability to provide overall wellness and foster people from all ages and social backgrounds to bond and grow together. However, for many of us, Crossfit is also the only way to fight against anxiety, lack of self-confidence, diabetes, obesity, decrepitude and loss of independence. This is how we take control of our personal physical and mental health, which is certainly one of the most precious gift of Life. Of course, CrossFit Horsepower also positively impacts surrounding businesses as more than 100 members tend to hang around for groceries, shopping, dining, etc.. We are aware of the few neighbors complaining, and as respectful citizens we have already made significant concessions and done everything possible to eliminate excessive noise (no dropping weights policy, keeping music volume low, keeping doors closed, limiting the number of classes, using noise reducing mats etc..). As one of the only Crossfit facilities in South Bay, we must keep Crossfit HorsePower open and therefore urge Council members to support CrossFit HorsePower in advance of the hearing. Sincerely yours, Luc Esmerit & Sule Yurdakul

[View and Analyze eComments](#)