

# New eComment for City Council Meeting (Closed Session - 6:00 PM and Regular Meeting - 7:00 PM)

Taylor Catlin submitted a new eComment.

Meeting: City Council Meeting (Closed Session - 6:00 PM and Regular Meeting - 7:00 PM)

Item: 5b) REPORT 18-0419 NUISANCE ABATEMENT OF PROPERTY AT 725 CYPRESS  
(Community Development Director Ken Robertson)

eComment: Dear City Council, I am writing to express my full support of Crossfit Horsepower and their operations. Please consider the countless messages of support rather than the mad rantings of a clearly disturbed individual who has taken it upon herself to attempt to take down her neighbors. Neighbors that want to create a healthy, inclusive, and positive community. Crossfit Horsepower members come from all walks of life: Mothers, fathers, doctors, nurses, surgeons, business owners, aerospace engineers (SpaceX and the like), flight attendants, EMTs, firefighters, police officers, lawyers, small business owners, executives,--and in one case--a US federal judge. All with the goal of living a fit and healthy life. To label Crossfit Horsepower as a "cult" and compare to the Manson family is beyond hyperbolic and leads one to question the stability of a person who would make such a claim. It's a gym! With members that like to be fit and healthy! With members that are actually friends with each other! With member that go out in the world and become productive members of society. Not full of members that send letters to their city council complaining about people working out IN AN INDUSTRIAL ZONE THAT THEY CHOSE TO LIVE IN. Would they be complaining about the auto body shop that used to be there? Or the one that is next door to the gym? Do they complain about the people that WALK on public streets? They're getting a workout, aren't they? Are people running on public streets just like walkers, only moving faster? The very few that are complaining (I can literally count them on my right hand) use strawman arguments to make their case. "Murph" is disrespectful to the soldier it is named after?? Give me a break. The workout was CREATED by Lt. Michael Murphy. He originally called it "Body Armor" and it was one of his favorite workouts that he would perform while wearing his full body armor. After he died, the Crossfit community named it "Murph" to HONOR him. And guess what? The Crossfit community is not the only one that does the "Murph" workout on Memorial Day, thousands of service men and women, police officers, firefighters, EMTs, and yes...even famous actors (i.e. Chris Pratt and John Krasinski) do Murph every year to honor all of our fallen soldiers; instead of doing nothing, making a disingenuous post on Facebook and then drinking and eating all day, we decide to FIRST honor the soldiers by doing the same workout that Lt. Michael Murphy used to do. Should they all be compared to the Manson family? What do the complainers do on Memorial Day? Also, to suggest that the female members of Crossfit Horsepower need to be checked for estrogen levels is absolutely DELUSIONAL. How dare these people disrespect their female neighbors. These women are BUSINESS LEADERS, DOCTORS, NURSES, MOTHERS, DAUGHTERS, WIVES...I could go on. What have the four complainers done for their community? Clearly the only thing they've done is try to tear it apart. My public comment in this matter is outrageous because this case is outrageous and is wasting valuable tax dollars to address. Rather than the HUNDREDS and

HUNDREDS of community members being labeled as a "public nuisance" perhaps we should label the four complainers as a "public nuisance". I implore the City Council to recognize the ridiculousness of this complaint and instead recognize all of the good the Horsepower community has done for their members and community. I've seen members lose over 100lbs, seen members surprise themselves by what they can achieve (have you ever done a handstand walk?), I've seen a community of positive contributors to society grow to make change in their world, I've seen members COME OFF OF THEIR CHOLESTEROL MEDICATION, and members that (even in later age) are in the best health of their entire lives. Labeling Crossfit Horsepower as a public nuisance and shutting down the business will make YOUR LIVES as council members harder. You think 4 residents living in an industrial zone complaining about a small business (despite the numerous accommodations the gym has made to appease these 4 people) are hard to deal with? Wait until you have hundreds of constituents that no longer have a place to feel welcome, healthy, and free to let their stress out. Support community, health, and positivity. Don't succumb to hate, divisiveness, and pettiness.

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