

To: Hermosa Beach City Council
Jeff Duclos, Mayor
Stacey Armato
Mary Campbell
Hany Fangary
Justin Massey

Subject: Crossfit Horsepower – Public Nuisance Hearing

July 6, 2018

Dear Hermosa Beach City Council Members,

Hermosa Beach has been my home for 6 years and I am proud to be a resident of our town. Besides the beautiful scenery, it is the strong and welcoming community, the focus on living a healthy and active lifestyle, and the desire to better ourselves and those around us that has made me love it here. Nine months ago I joined CrossFit Horsepower and found that the gym has many of the same traits and is a small community within our community.

In the spirit of a being part of the community, the gym Owners and clients have worked hard to appease the neighbors. The gym has implemented multiple policies to limit the noise and vibrations, even to the detriment of the clients and the overall program. Such accommodations include no running, no dropping weights, adding mats while lifting, keeping doors closed even on hot days, banning weightlifting in part of the gym.

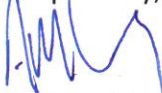
All this was done in good faith, even though CrossFit Horsepower operates during the same hours of other gyms offering similar Olympic weightlifting or Crossfit workouts. In addition, CrossFit Horsepower complies with Municipal Code Section 17.28.040 regulating hours of a gym located in a M-1 Light Manufacturing Zone to 6AM-9PM. Of the complaints included in the 5.22.18 City Council Meeting Minutes I did not see any complaints outside of these hours. In fact, most complaints were between the hours of 7 AM and 7 PM, hours which noise and other disruptions can reasonably be expected, especially when a resident lives next to the City's Light Manufacturing Zone.

While I understand the annoyance of the sounds/vibrations, Hermosa Beach is built with neighbors and businesses in tight proximity and operational noise is to be expected. Daily I hear vacuums, music, drums, trucks, bar noise, construction, conversations, drunks, arguments and more from my bedroom and I don't live adjacent to an industrial area. I am not complaining, simply I understand this is part of living here especially during the work day.

This does bring the questions - How loud is too loud? What vibrations are too much? How are these measured without a bias? And what responsibility do residents have to limit their own exposure?

Crossfit Horsepower is a place the public goes to better themselves. To classify it as a public nuisance will hurt the Hermosa Beach community at large for the benefit of a few. To state the gym as a public nuisance is inaccurate and sends the wrong message. This distinction should be reserved for cases that truly are detrimental to the public's wellbeing. CrossFit Horsepower is not a public nuisance, rather it is a public asset. Please drop the public nuisance charge and instead work towards a better solution.

Respectfully,



Andrew MacVey
1452 Manhattan Ave