

Subject: Report 18-0346

May 22, 2018

Dear Sirs:

I have resided on the east side of Loma Drive between 6<sup>th</sup> and 8<sup>th</sup> Streets In Hermosa Beach for almost 16 years. Just east of my residence is Cypress, which is zoned for "light manufacturing." It was really never a problem until Cross fit "secured a zoning change to allow small gyms to operate in the area." I am not the only one to have issues with Crossfit. One neighbor actually sold her home on Loma Drive as a result of not being able to concentrate, work from home, and live peacefully any longer.

The noise and vibrations that are felt from the recurring weights being dropped and the loud music with bass booming (sometimes at 6:30 in the a.m.) is intolerable. We have been dealing with this for over three years now.

Neighbors reached out to the Hermosa Beach City Council, but nothing has changed. No one has taken action to have the noise disturbance stopped completely. I am no stranger to gyms and working out. I myself have completed seven marathons. I bike, belong to two gyms, attend yoga and cycle classes, and I am all for improving myself physically and spiritually. However, I am certain that the Crossfit needs to move to a new location. It is a bad fit for this neighborhood. I feel at times that I have developed PTSD from all of the banging shaking my walls, windows, and my being to the core.

I had a neighbor once who was running a robot vacuum cleaner. I wasn't sure what the sound was. It sounded like someone was roller skating on her wood floors day and night. When I inquired to her about this unusual sound which was quite disturbing, her response was that she will run the robot around her place when I wasn't home. When she didn't see my car there. I appreciated her neighborly response. And everything was fine after that.

That isn't possible with Crossfit. They aren't able to drop the weights when I am not home, because there is always someone at home on our street.

Please help us fix this problem. We in the neighborhood are counting on your support to do the right thing.

Liz Torres  
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