



City of Hermosa Beach – Code Enforcement  
**Investigation Report**

725 Cypress Ave.

Violation Address: <b>725 Cypress Ave.</b>		APN #: 4187-030-008		Date Reported: 7/12/2016	
Property Owner: [REDACTED]		Mailing Address: [REDACTED]		Contact Number: [REDACTED]	
Business Name: Crossfit Horsepower		Business Owner: [REDACTED]		Contact Number: [REDACTED]	
Complaint Method: <input type="checkbox"/> Form <input checked="" type="checkbox"/> Email <input type="checkbox"/> Phone <input type="checkbox"/> Observed					
Reporting Person: [REDACTED]		Address: [REDACTED]		Contact Number: [REDACTED]	Email: [REDACTED]
<b>Description of Complaint:</b> Loud vibrations heard through walls of property from weights dropping and the use of Cypress Ave. for their workouts.					
<b>City of Hermosa Beach Municipal Code, Health &amp; Safety Code, or other code violations:</b> <ul style="list-style-type: none"><li>• <b>17.28.030 (B)(3) HBMC – Standards and limitations.</b> 3. Uses incidental to a use conducted primarily within a building located on the premises; provided, that such incidental uses <u>are not conducted in whole or in part on sidewalks</u>, public ways or within any required front or rear yard; and provided further, that such incidental uses are conducted within buildings. Where incidental uses are not conducted within a building, no part of the area devoted to the incidental uses shall be considered as part of the required parking facilities. All outdoor storage shall be substantially screened from public visibility, public streets, parks or other public places and property.</li><li>• <b>8.24.030 Prohibited noises--General standard. - Misdemeanor</b> Unless otherwise permitted in this chapter, no person shall make, permit to be made or cause to suffer any noises, <u>sounds or vibrations that in view of the totality of the circumstances</u> are so loud, prolonged and harsh as to be physically annoying to reasonable persons of ordinary sensitivity and to cause or contribute to the <u>unreasonable discomfort of any persons within the vicinity</u>. When considering whether a noise, sound or vibration is unreasonable within the meaning of this section, the following factors shall be taken into consideration:<ul style="list-style-type: none"><li>A. The volume and intensity of the noise, particularly as it is experienced within a residence or place of business;</li><li>B. Whether the noise is prolonged and continuous;</li><li>C. How the noise contrasts with the ambient noise level;</li><li>D. The proximity of the noise source to residential and commercial uses;</li><li>E. The time of day; and</li><li>F. The anticipated duration of the noise. (Ord. 07-1285 §2, 2007)</li></ul></li></ul>					
<b>Initial Investigation Results &amp; Information:</b> Initially the complaints received in July of 2016 were focused on patrons running on the public sidewalk, which is a zoning violation. Officer Estela Hill followed-up and issued a written warning to the business. I believe the vibration complaint was also mentioned, but could not find it listed in the email chain.					

For the next several months Code Enforcement did random spot checks at 725 Cypress Ave. and only once observed running on the street. Officer Hill again issued a warning in lieu of a citation. Since this occurred, no further violations were observed of this nature.

Beginning in December of 2016, I received email complaints from [REDACTED] regarding the vibration noise from the workouts in the gym. On December 4, 2016 I received an email complaint from [REDACTED] and responded shortly after. I did not feel or hear any issues.

On January 15, 2017 I received an email complaint from [REDACTED] and responded within minutes. I did not hear or feel anything from the property line.

On January 22, 2017 I received three email complaints from neighbors regarding the vibrations and responded within a few minutes. I did not feel or hear anything from the property line.

On January 29, 2017 I stopped by the location around 11:30am, when I usually receive complaints, and did not hear anything.

On February 10, 2017 I met with [REDACTED] and Officer Verduzco at [REDACTED] house to hear the vibrations from inside [REDACTED] office. While we sat there for about 45 minutes we all heard the "thumping" or dropping of weights every few minutes. Some were louder than others and sometimes in faster succession.

After we experienced the noise from inside the home we could easily understand the noise nuisance at intervals during the several classes per day. The gym operates during the day, but can start as early as 6:00am. The constant vibration or "thumping" could be seen to violate sections A, B, C, D, and F of the noise ordinance. If factoring in early classes prior to 8:00am, section E could also be violated.

Notes:

Photographs Taken of Violation(s):

**Communication Log with Violator:**

On March 17, 2017 I emailed the manager, [REDACTED], about the neighbor complaints and how to help reduce the sound issue of dropping weights.

On March 20, 2017 I called the business and left a voicemail regarding the issue and requested a call back.

**Communication Log with Reporting Person:**

See email chain below.

Officer Reporting:  
J. Edson #4833

Date Closed:

## Email Communication

**From:** [REDACTED] [mailto:[REDACTED]]  
**Sent:** Tuesday, July 12, 2016 7:46 AM  
**To:** Councilmember Stacey Armato <[sarmato@hermosabch.org](mailto:sarmato@hermosabch.org)>  
**Subject:** Fwd: info

Video shot by neighbor

<https://www.youtube.com/watch?v=DzM2D9zxc0g>

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**From:** Councilmember Stacey Armato  
**Sent:** Wednesday, July 13, 2016 12:38 PM  
**To:** Bob Rollins  
**Cc:** Melanie Chavira; Tom Bakaly; Viki Copeland  
**Subject:** FW: info

Hi Bob,

See attached link to video of Crossfit allegedly using Cypress for workouts.

██████ has asked that you look into it since the vibration has dissipated recently, but this nuisance persists.

Thank you,  
Stacey

Stacey Armato  
City Councilmember  
Hermosa Beach, CA  
310-709-8177 (cell)  
[sarmato@hermosabch.org](mailto:sarmato@hermosabch.org)

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**From:** Councilmember Stacey Armato  
**Sent:** Wednesday, July 20, 2016 9:41 AM  
**To:** Bob Rollins  
**Subject:** Re: cypress

Apparently, they are still at it. Not sure if you were able to warn/cite them but the residents contend that it's still happening. Thanks for your help.

Stacey

Sent from my iPhone

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**From:** Councilmember Stacey Armato  
**Sent:** Wednesday, July 20, 2016 11:18 AM  
**To:** Bob Rollins  
**Subject:** RE: cypress

This was taken on a Wednesday 7/6/16 from 940-945am  
<https://www.youtube.com/watch?v=DzM2D9zxc0g>

Here is the schedule: <http://www.crossfithorsepower.com/schedule/>

Looks like “crossfit all levels” would be the one to observe.

Stacey Armato  
City Councilmember  
Hermosa Beach, CA  
310-709-8177 (cell)  
[sarmato@hermosabch.org](mailto:sarmato@hermosabch.org)

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**From:** [REDACTED] [mailto:[REDACTED]]  
**Sent:** Friday, August 05, 2016 7:00 AM  
**To:** Bob Rollins  
**Cc:** Councilmember Stacey Armato; Melanie Chavira  
**Subject:** Re: cypress

Hi Bob

Someone asked for an update. Any progress?

[REDACTED]

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On Aug 8, 2016, at 8:34 AM, Bob Rollins <[brollins@hermosabch.org](mailto:brollins@hermosabch.org)> wrote:

Hi [REDACTED],

Estela Hill issued them a citation after witnessing the running on the streets last week. The owners have said that they will discontinue the activity. Our spot-checks since then have not found the violation repeated. If you or any neighbors notice it, please let us know.

Thanks,

*Bob Rollins*

Building/Code Enforcement Official  
City of Hermosa Beach, CA  
(310) 318-0235

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**From:** [REDACTED] [mailto:[REDACTED]]  
**Sent:** Monday, August 08, 2016 8:49 AM  
**To:** Bob Rollins  
**Cc:** Councilmember Stacey Armato; Melanie Chavira; Estela Hill; Justin Edson; Ken Robertson  
**Subject:** Re: cypress

That activity was not effecting me but others really had issues with it. I will let them know.

[REDACTED]

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On Aug 8, 2016, at 3:31 PM, Bob Rollins <[brollins@hermosabch.org](mailto:brollins@hermosabch.org)> wrote:

Hi,

I just spoke with Estela regarding this. Although she filled out a citation for the gym, but, after discussion with the owners, she voided it and called it a warning after they promised that they would discontinue the activity. We will continue to monitor and issue citations for any future violation of this type.

Thanks,

*Bob Rollins*

Building/Code Enforcement Official  
City of Hermosa Beach, CA  
(310) 318-0235

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**From:** [REDACTED] [mailto:[REDACTED]]  
**Sent:** Monday, August 08, 2016 5:13 PM  
**To:** Bob Rollins <brollins@hermosabch.org>  
**Cc:** Councilmember Stacey Armato <sarmato@hermosabch.org>; Melanie Chavira <Melanie.Chavira@redondo.org>; Estela Hill <ehill@hermosabch.org>; Justin Edson <jedson@hermosabch.org>; Ken Robertson <krobertson@hermosabch.org>  
**Subject:** Re: cypress

When they applied for the permit they already promised a whole lot of things (which the broke) including not working outside.

So another promise and benefit of the doubt?

[REDACTED]

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**From:** Estela Hill  
**Sent:** Monday, August 08, 2016 5:40 PM  
**To:** Bob Rollins  
**Subject:** FW: cypress

For clarity purposes and a recap on how all this transpired; when we received the initial video complaint of them jogging down the street, we couldn't see from the video if in fact the joggers actually belonged to the gym. Due to this, I needed to observe the activity myself. I sat out there one evening and waited but didn't see anything. So, I followed up with an official notice to the owners stating that we had received a complaint regarding the joggers and cited the Municipal code it was violating. Approximately, four days later, I went to follow-up again and see if I could witness the activity myself. I sat in the car and waited and sure enough I saw the joggers leave the gym running south to the stop sign and back into the establishment. I went back to the office and started filling out the citation when all of a sudden I received a phone call from [REDACTED] stating [REDACTED] had just received my warning letter in the mail and wanted to let me know that [REDACTED] was unaware of it being a violation and would discontinue the practice immediately. I explained [REDACTED] that I was in the process of filling out the Administrative citation but would void it noting that this would be [REDACTED] first and final warning and if there were continued complaints and observations of the activity in the future, that the citation(s) would then be issued.

Hope this information helps resolve any issues or answer questions.

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**From:** [REDACTED] <[REDACTED]>

**Date:** December 4, 2016 at 10:00:09 AM PST

**To:** <[ehill@hermosabch.org](mailto:ehill@hermosabch.org)>

**Subject:** Loud music. Lots of dropping and out door activity

Activity on cypress

[REDACTED]

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**From:** Councilmember Stacey Armato  
**Sent:** Sunday, December 4, 2016 10:11:08 AM  
**To:** Justin Edson  
**Subject:** Fwd: Loud music. Lots of dropping and out door activity

FYI. Thank you.

Sent from my iPhone

Begin forwarded message:

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On Dec 4, 2016, at 11:10 AM, Justin Edson <[jedson@hermosabch.org](mailto:jedson@hermosabch.org)> wrote:

Dear Councilwoman Stacey Armato,


Thank you for forwarding me this complaint. I went by and nothing was seen or heard. I will keep it on the radar. Happy holidays!

Respectfully,  
Justin Edson  
Code Enforcement Officer  
City of Hermosa Beach  
310-678-3865

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**RE: Loud music. Lots of dropping and out door activity**

Estela Hill

 Follow up. Start by Monday, December 05, 2016. Due by Monday, December 05, 2016.

Sent: Mon 12/05/2016 1:12 PM

To: [REDACTED]

Cc: Justin Edson; Bob Rollins

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Hello [REDACTED]

I'm sorry to hear that you are having problems again with the gym. I am including Officer Edson and Bob Rollins in on this email so that they are aware as well. Officer Edson works weekends, so please feel free to contact him at 310-678-3865 ([jedson@hermosabch.org](mailto:jedson@hermosabch.org)) or police dispatch at 310-524-2750. We will make sure to patrol the area for any issues with the loud music and outdoor activity. Thank you for contacting us [REDACTED]

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> On Jan 15, 2017, at 11:28 AM, [REDACTED] <[REDACTED]> wrote:  
>  
>  
> Stacey particularly heavy today (Sunday 11:10- current)  
>  
> [REDACTED]

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**From:** Councilmember Stacey Armato  
**Sent:** Sunday, January 15, 2017 11:36:23 AM  
**To:** [REDACTED]  
**Cc:** Justin Edson; John Jalili  
**Subject:** Re: Gym

Thank you, [REDACTED]. I've now received multiple complaints in the last five minutes.

Copying our city manager so he is aware of the continued, unacceptable nuisance as we work on next steps.

Stacey

Sent from my iPhone

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On Jan 15, 2017, at 11:40 AM, Justin Edson <[jedson@hermosabch.org](mailto:jedson@hermosabch.org)> wrote:

Dear Councilmember Armato,

I believe ■ is referring to Crossfit Horsepower on cypress. I just went by and there is no one outside and no noise heard. I will check the crossfit now as well.


If they could contact me directly as soon as it begins I can respond before the issue dissolves. Thank you.

Respectfully,  
Justin Edson  
Code Enforcement Officer  
City of Hermosa Beach  
O: 310-318-0234  
C: 310-678-3865

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**Re: Gym**

[REDACTED]

 You replied to this message on 02/02/2017 8:31 AM.

Sent: Tue 01/17/2017 7:05 AM

To: Councilmember Stacey Armato

Cc: Justin Edson

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Hi Stacey

Do you have a few minutes to chat today by phone?

I wanted to discuss The gym music and activity and music ( which is particularly loud bothersome this morning).

Sincerely

[REDACTED]

## Gym

[REDACTED]

 You replied to this message on 01/23/2017 8:36 AM.

Sent: Sun 01/22/2017 11:30 AM

To: Justin Edson; Councilmember Stacey Armato

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Just wanted to let you know the gym is dropping weights and causing a disturbance

[REDACTED]

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**From:** [REDACTED] <[REDACTED]>  
**Sent:** Sunday, January 22, 2017 11:35:16 AM  
**To:** Councilmember Stacey Armato; Justin Edson  
**Subject:** [REDACTED] - cross fit nuisance

Hi Stacey and Justin,

I am the owner of [REDACTED] and wanted to let you know that the cross fit gym continues to be a big issue. The noise and shacks at this exact time are loud, annoying, and a continuous nuisance.

Please let me know how we can align our efforts to solve this once and for all. I have children that nap and weight pounding isn't healthy.

Thank you so much.

[REDACTED]

[REDACTED]

Sent from my iPhone

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On Jan 22, 2017, at 11:42 AM, Justin Edson <[jedson@hermosabch.org](mailto:jedson@hermosabch.org)> wrote:


Dear Councilmember Stacey Armato,

I am currently behind and around the gym checking for noise and vibration. At the moment I'm not hearing or feeling anything.

Respectfully,  
Justin Edson  
Code Enforcement Officer  
City of Hermosa Beach  
O: 310-318-0234  
C: 310-678-3865

---

**Re: Gym**


  
You replied to this message on 01/25/2017 3:08 PM.

Sent: Sun 01/22/2017 1:54 PM

To:

Cc: Justin Edson; Councilmember Stacey Armato

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We heard it to this morning .

Regards,



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On Jan 25, 2017, at 3:08 PM, Justin Edson <[jedson@hermosabch.org](mailto:jedson@hermosabch.org)> wrote:

Hello [REDACTED],

I plan on being around this Sunday starting at 11am to listen for noise and vibrations. I am asking residents permission to allow me to come to their home so I can feel the vibrations myself. Please let me know if this would be a possibility. Thank you!

Respectfully,  
Justin Edson  
Code Enforcement Officer  
City of Hermosa Beach  
O: 310-318-0234  
C: 310-678-3865

---

**Re: Gym**

[Redacted]

Sent: Wed 01/25/2017 10:30 PM

To: Justin Edson

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Hi Justin,

Really appreciate the follow up. Unfortunately, we will not be home this Sunday morning.

Regards,

[Redacted]

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On Jan 29, 2017, at 12:05 PM, Justin Edson <[jedson@hermosabch.org](mailto:jedson@hermosabch.org)> wrote:

Dear John Jalili,

I would like to provide an update regarding the vibration/noise complaints at the gym on Cypress Avenue. I received email complaints from [REDACTED] and [REDACTED] during the previous 2 Sundays at approximately 11:30am regarding noise and vibrations. On both occasions I responded in less than 5 minutes and did not hear or feel any vibrations from their property line. I reached out to both [REDACTED] this week to ask for permission to meet with them and listen from inside their homes. Both of them claimed they would not be home today and would not be able to let me in. I spoke to [REDACTED] on the phone who stated [REDACTED] might be home next Sunday for me to stop by and that the vibrations are "periodic" and can vary. [REDACTED] also stated that even if [REDACTED] lets me in I may not hear it as [REDACTED] has grown accustomed to the vibrations.

I went out today at 11:00 am at the beginning of the class to listen and feel for vibrations on their property line and in front of the gym. I did not feel or hear any noise/vibration during my 35 minutes on the properties. I have not heard of any other complaints during the week and have only heard from these two [REDACTED]. From my understanding there had been an offer for a vibration test in the past, but they did not accept. Unless they will be willing to let me come into their home during this time and feel the "vibrations", I do not see any violation from my observations.

Respectfully,

**Justin Edson, C.C.E.O.**

Code Enforcement Officer | City of Hermosa Beach

1315 Valley Drive | Hermosa Beach, CA 90254

O: 310-318-0234 | C: 310-678-3865

Office Hours: Friday/Saturday 3pm to 2am, Sunday 10am to 9pm, & Monday 7am to 6pm

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> On Feb 2, 2017, at 8:31 AM, Justin Edson <[jedson@hermosabch.org](mailto:jedson@hermosabch.org)> wrote:  
>  
> Hello [REDACTED],  
>  
> I wanted to touch base with you about meeting you on Sunday around 11:00am. Last weekend I was unable to hear or feel anything and no one was available to let me inside. Let me know if this works for you.  
>  
>  
> Respectfully,  
> Justin Edson  
> Code Enforcement Officer  
> City of Hermosa Beach  
> O: 310-318-0234  
> C: 310-678-3865  
>  
> Office Hours: Friday/Saturday 3pm-2am, Sunday 10am-9pm, & Monday 7am-6pm

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**From:** [REDACTED] <[REDACTED]>  
**Sent:** Thursday, February 2, 2017 12:09:40 PM  
**To:** Justin Edson  
**Subject:** Re: Gym

Justin

Do you work on Monday?

Just realized it's super bowl Sunday.

[REDACTED]

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On Feb 2, 2017, at 4:42 PM, Justin Edson <[jedson@hermosabch.org](mailto:jedson@hermosabch.org)> wrote:

Hello [REDACTED],

Yes I do, 7am-6pm. Superbowl slipped my mind. I will still be in the area checking for any noise issues.

Respectfully,

**Justin Edson, C.C.E.O.**

*Code Enforcement Officer | City of Hermosa Beach*

*1315 Valley Drive | Hermosa Beach CA 90254*

*O: 310-318-0234 | C: 310-678-3865*

*[JEdson@HermosaBch.org](mailto:JEdson@HermosaBch.org)*

*Office Hours: Friday/Saturday 3pm-2am, Sunday 10am-9pm, & Monday 7am-6pm*

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From: [REDACTED] [mailto:[REDACTED]]  
Sent: Tuesday, February 07, 2017 7:17 AM  
To: Councilmember Stacey Armato <[sarmato@hermosabch.org](mailto:sarmato@hermosabch.org)>  
Subject: Update

Hi Stacey,

Hope all is well.

This weekend I tried to hook up with Justin Edson so he could experience what the gym caused but with Sunday being super bowl Sunday it just didn't work out.

Are there any updates with the city manager? The gym has started today at 6:40am and are going strong now for 30 min. 6:40 has been pretty regular for over a month the duration today seems longer than normal today. I also decided to stop txt'ing [REDACTED] the gym manager as [REDACTED] never responds or change activity anymore.

I will keep a log for the morning activity as it is the most aggravating. If you think I should do more let me know.

Sincerely,

[REDACTED]

FYI - I think they just stopped, hurray.

---

**From:** [REDACTED] [mailto:[REDACTED]]  
**Sent:** Friday, February 10, 2017 9:13 AM  
**To:** Justin Edson  
**Subject:** Re: Gym

Justin

I think I am available this Sunday.

Possibly would you be available Monday at 6:30 am? I see you start at 7.

[REDACTED]

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On Feb 10, 2017, at 3:37 PM, Justin Edson <[jedson@hermosabch.org](mailto:jedson@hermosabch.org)> wrote:

Hello [REDACTED],

I am free for any time on Sunday (11am-11:30am like previous weekends), but do not come in until 7am on Mondays. I normally would be able to come in before 7am, but I am training a new employee for a few weeks and have to maintain our current schedule together. Let me know what works best for you.

Respectfully,

**Justin Edson, C.C.E.O.**

*Code Enforcement Officer | City of Hermosa Beach*

*1315 Valley Drive | Hermosa Beach, CA 90254*

*O: 310-318-0234 | C: 310-678-3865*

*Office Hours: Friday/Saturday 3pm to 2am, Sunday 10am to 9pm, & Monday 7am to 6pm*

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**From:** [REDACTED] [mailto:[REDACTED]]  
**Sent:** Friday, February 10, 2017 6:45 PM  
**To:** Justin Edson  
**Subject:** Re: Gym

Thanks for coming out to the house. Glad you were able to hear some of the racket we get (although much milder). Next Monday at 4:30 can you meet with me and Stacey?

FYI. As I guessed the intensity (heavier weights) has picked up since you left. lol

[REDACTED]

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On Feb 10, 2017, at 9:43 PM, Justin Edson <[jedson@hermosabch.org](mailto:jedson@hermosabch.org)> wrote:

Hello [REDACTED],

I was glad to meet you and get to experience the issue first hand. Would this be this coming Monday the 13<sup>th</sup>? If so I could do that time, otherwise, the 20<sup>th</sup> is a holiday and we are off. Let me know.

Respectfully,

**Justin Edson, C.C.E.O.**

*Code Enforcement Officer | City of Hermosa Beach*

*1315 Valley Drive | Hermosa Beach, CA 90254*

*O: 310-318-0234 | C: 310-678-3865*

*Office Hours: Friday/Saturday 3pm to 2am, Sunday 10am to 9pm, & Monday 7am to 6pm*

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**From:** [REDACTED] <[REDACTED]>  
**Date:** March 17, 2017 at 7:51:09 AM PDT  
**To:** Justin Edson <[jedson@hermosabch.org](mailto:jedson@hermosabch.org)>, Stacey Armato  
<[sarmato@hermosabch.org](mailto:sarmato@hermosabch.org)>, <[krobertson@hermosabch.org](mailto:krobertson@hermosabch.org)>,  
<[jjalili@hermosabch.org](mailto:jjalili@hermosabch.org)>  
**Subject:** Going forward

Hi Mr. Jalili,

Thanks for meeting with us recently about the neighborhood of Loma Dr.

It has been better recently since our meeting. This morning for the past hour its was disruptive again. Last Saturday was also extremely disruptive.

Todays disruptions have pretty much slowed down at this point.

Just wondering what can be done.

Thanks

Loma dr residents

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> From: [REDACTED] [mailto:[REDACTED]]  
> Sent: Friday, March 17, 2017 8:15 AM  
> To: Justin Edson <jedson@hermosabch.org>; Councilmember Stacey Armato  
<sarmato@hermosabch.org>; Ken Robertson <krobertson@hermosabch.org>; John Jalili  
<jjalili@hermosabch.org>  
> Subject: Re: Going forward  
>  
> It just got real heavy again 8-8:14  
>  
>  
>  
> [REDACTED]

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> -----Original Message-----  
> From: Councilmember Stacey Armato  
> Sent: Friday, March 17, 2017 11:53 AM  
> To: Justin Edson; Ken Robertson; John Jalili  
> Subject: RE: Going forward  
>  
> Did we have to go over there this morning? Thanks!  
> Stacey  
>  
> Stacey Armato  
> City Councilmember  
> Hermosa Beach, CA  
> 310-709-8177 (cell)  
> [sarmato@hermosabch.org](mailto:sarmato@hermosabch.org)  
> [www.hermosabch.org](http://www.hermosabch.org)

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> On Mar 17, 2017, at 4:38 PM, Justin Edson <[jedson@hermosabch.org](mailto:jedson@hermosabch.org)> wrote:  
>  
> Hello,  
>  
> We do not start until 3pm, so I have not heard if anyone went out this morning. Oscar will be working the rest of the weekend (Saturday 3pm-2am and Sunday 10am-9pm) to respond to any complaints.  
>  
> Oscar Verduzco  
> [OVerduzco@hermosabch.org](mailto:OVerduzco@hermosabch.org)  
> 310-678-5540  
>  
>  
> Respectfully,  
>  
> Justin Edson, C.C.E.O.  
> Code Enforcement Officer | City of Hermosa Beach  
> 1315 Valley Drive | Hermosa Beach, CA 90254  
> O: 310-318-0234 | C: 310-678-3865  
> Office Hours: Friday/Saturday 3pm to 2am, Sunday 10am to 9pm, & Monday 7am to 6pm

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On Fri, Mar 17, 2017 at 9:04 PM, Justin Edson <[jedson@hermosabch.org](mailto:jedson@hermosabch.org)> wrote:

Hello [REDACTED],

I hope all is well with you. I do not know if you have received any information regarding our office receiving more complaints about the vibration and noise of weights dropping. I have gone out during class times when I receive a complaint and can hear the dropping of the weights throughout the class. Going forward, the City is discussing the issue with residents and staff. I would request if at all possible, to please monitor the dropping of weights during each class and regulate this issue. Recently I have received complaints about the morning classes in particular. I really appreciate your understanding and anticipated cooperation with this concern. Feel free to contact regarding any questions you may have.

Respectfully,

***Justin Edson, C.C.E.O.***

*Code Enforcement Officer | City of Hermosa Beach*

*1315 Valley Drive | Hermosa Beach, CA 90254*

*O: 310-318-0234 | C: 310-678-3865*

*Office Hours: Monday-*

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**From:** [REDACTED] [mailto:[REDACTED]]  
**Sent:** Monday, March 20, 2017 7:17 PM  
**To:** Justin Edson  
**Cc:** [REDACTED]  
**Subject:** Re: Neighborhood Complaints

Hi Justin,

Thank you for reaching out. I checked with our coaching staff, and aside from one workout involving deadlifts, there was no weight dropping. There may have been an accidentally dropped item, but it's difficult for me to figure that out without exact times so that I can review our cameras. In any case, I have instructed our staff not to repeat that workout and re-communicated the no weight dropping policy throughout our membership and coaching staff.

You mentioned you came out after a complaint and heard the 'dropping of weights throughout the class' which leads me to believe the noise wasn't actually coming from our business. The warm up and explanation of workout take up most of the class, with the workout usually only takes up the last 5-10 minutes. 'Dropping of weights' or any noise for that matter wouldn't be heard for an extensive amount of time. When you came out to investigate the complaint, what day and precise time was that and where were you located?

Having discussed your email with several of our members, a few have pointed out the loud thuds from the construction project next door as a possible source. I would respectfully ask that you look into that, as we continue to maintain our strict policy of no weight-dropping here at CrossFit Horsepower.

Thanks and regards,

[REDACTED]

[REDACTED]  
Manager | CrossFit Horsepower  
725 Cypress Avenue, Hermosa Beach, CA 90254  
310-921-8755  
[www.crossfithorsepower.com](http://www.crossfithorsepower.com)

<b>Date</b>	<b>Day of week</b>	<b>Time</b>	<b>Complaint</b>
7/12/2016	Tuesday	7:46a	Submitted video
9/6/2016	Tuesday		Outdoor exercise over weekend
9/26/2016	Monday		Outdoor exercise three times this week
12/4/2016	Sunday	10:00am	Outdoor activity on Cypress
1/3/2017	Tuesday	6:00am	Noise coming from gym
1/15/2017	Sunday	11:10am	"heavy today"
1/17/2017	Tuesday	7:05am	Loud music/activity
1/22/2017	Sunday	11:30am	Dropping weights
1/22/2017	Sunday	11:35am	Loud noise
1/22/2017	Sunday	1:54pm	Loud noise this morning
2/10/2017	Friday	4:45pm	Vibrations
3/17/2017	Friday	8:00a-8:15a	It just got real heavy
3/21/2017	Tuesday	4:44pm	Loud music/activity
3/24/2017	Friday	6:49pm	Heavy dropping
4/7/2017	Friday	6:40am	Activity
4/18/2017	Tuesday	7:40pm	Loud music/activity
5/2/2017	Tuesday	7:53pm	Loud music/activity
5/3/2017	Wednesday	6:47pm	Heavy dropping
5/16/2017	Tuesday	7:30pm	Citation for running on sidewalk
5/23/2017	Tuesday	7:48pm	Loud radio
5/30/2017	Tuesday	8:42pm	Loud radio
6/5/2017	Monday	7:00am	Thumping and vibrations
6/5/2017	Monday	4:45pm	Banging

Justin Edson  
Code Enforcement Officer  
Community Development Department

**[REDACTED] (Crossfit Horsepower)**  
**725 Cypress Ave.**  
**Administrative Citation (Hermosa Beach Code Chapter 1.10)**

**May 16, 2017 1930 hours** – Crossfit Horsepower was issued an administrative citation for 17.28.040(A) HBMC – Gym/Fitness Center Limited. I observed patrons running outside on the public sidewalk and their private parking lot. The above code states no activity can be conducted outside the walls. The manager and staff have been warned two times before about the prohibited activity. [REDACTED] signed and accepted the citation on behalf of the business. I recorded video of the violation.